



Analyzing the Intricate Nexus of Ecological Footprint, Urbanization & Economic Growth in South Asia: A Panel 2SLS Analysis

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ABSTRACT

The depletion of natural resources, environmental degradation, and climate change are critical global concerns. In South Asia, rapid urbanization and economic growth have improved living standards, but they have also exerted significant pressure on the environment. It is crucial to determine interconnectedness and common determinants of these factors to address the environmental challenges effectively and promote sustainable development. This study explores the relationship between environmental degradation, urbanization, and economic growth in five South Asian countries—Bangladesh, Nepal, Pakistan, Sri Lanka, and India, over the period 1994 to 2022. To analyze these connections, this study develops indices for infrastructure and governance using Principal Component Analysis (PCA). Several tests, including the Im, Pesaran, and Shin test and the Fisher and Pesaran Augmented Dickey-Fuller unit root test, are applied to ensure the stationarity of the variables. The Variance Inflation Factor is used to check for multicollinearity, and the Wald coefficient restriction test confirms the presence of simultaneity. Findings from the Panel Two-Stage Least Squares (2SLS) regression indicate a significant one-way positive relationship between economic growth and ecological footprint, suggesting that economic growth leads to an increased environmental impact. Additionally, urbanization shows a direct positive link to both ecological footprint and economic growth, although the reverse effects are not statistically significant. The study also finds that industrialization and infrastructure development significantly contribute to urbanization and environmental degradation. Infrastructure, however, negatively impacts economic growth, while globalization encourages urbanization and reduces environmental harm. Education is found to have a strong negative relationship with urbanization. The study concludes that achieving environmentally conscious economic growth in South Asia requires focusing on sustainable development goals, investing in green infrastructure, adopting eco-friendly industrial practices, and improving the education system in the region.



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1. Introduction

Environmental degradation, urbanization, and economic growth are critical areas of study for understanding the dynamics of modern societies. Ecological footprint, as a measure of environmental degradation, indicates the demand placed on natural resources and ecosystem by a population. It calculates the total biologically productive area required to support the consumption pattern of population and absorb their waste. It is a metric that measures how much nature we have and how much nature we use (Network, 2020). According to United Nations Habitat report, urbanization refers to the increasing proportion of a population residing in urban areas, leading to expansion and growth of cities. This involves migration of people from rural regions to urban centers, resulting in increased density and development in cities (Report, 2016). Economic growth is defined as the increase in the production of goods and services in an economy over a period. It is typically measured by change in Gross Domestic Product (GDP) at constant price, reflecting the economic expansion and improvement in living standards.

Climate change and environmental degradation, driven by rising pollution, smog, depletion of natural resources, and extreme weather conditions, are critical issues impacting developing and developed nations. These challenges highlight the urgent need for sustainable development practices. The region is highly susceptible to climate change, with rising average temperatures and increasingly erratic rainfall patterns expected to worsen (Mani, Bandyopadhyay, Chonabayashi, & Markandya, 2018). Nations are now adopting policies that minimize environmental harm, promoting sustainability by using eco-friendly equipment and adhering to Sustainable Development Goals to accommodate the growing population's demand while conserving natural resources. For instance, Punjab and Sindh provinces in Pakistan experience intense pollution from large-scale farming (Azhar, Zeeshan, & Fatima, 2019). Research shows that pollution effects often transcend borders; for instance, burning crop residues in India impacts air quality in Pakistan (Yousaf et al., 2021). The ecological footprint, a measure developed by Wackernagel and Rees (1998), provides insight into ecological degradation. India and Pakistan have high ecological footprints, indicating significant environmental impact and strain on natural resources (Sabir, Qayyum, & Majeed, 2020). South Asia's diverse and vulnerable ecosystems, high population density, and rapid urbanization and industrialization exert intense pressure on natural resources, contributing to environmental degradation. The zone's sensitivity to weather alterations and its role in global biodiversity make it critical for studying environmental challenges and their implications. The selected countries are classified as lower-middle-income by the World Development Indicators. Economic growth fuels urbanization, increasing the ecological footprint. However, environmental degradation can hinder economic growth by limiting resources and affecting public health. While economic growth in South Asia has improved living standards, it has also increased global carbon emissions (Mehmood, Aslam, & Javed, 2023). In China, economic growth has improved living standards but also made it the world's largest carbon-emitting economy (Guo, Hu, & Yu, 2019). Environmental degradation and economic growth interrelation include initial degradation due to intense economic activity (scale effect) followed by positive impacts as growth promotes sustainable practices (composition effect) (Qayyum, Sabir, & Anjum, 2021). South Asia's urbanization, driven by factors like modern housing, varying family size, industrial restructuring, urban distribution, and government infrastructure investments, transforms agricultural areas into urban centers. These centers demand substantial energy, essential for maintaining living standards and supporting economic growth (Alam, Murad, Noman, & Ozturk, 2016). The region's reliance on non-renewable energy and its growing population, which makes up a quarter of the world's total, puts immense pressure on natural ecosystems. Intensifying urbanization exacerbates this issue, increasing the ecological footprint (Yousaf et al., 2021).

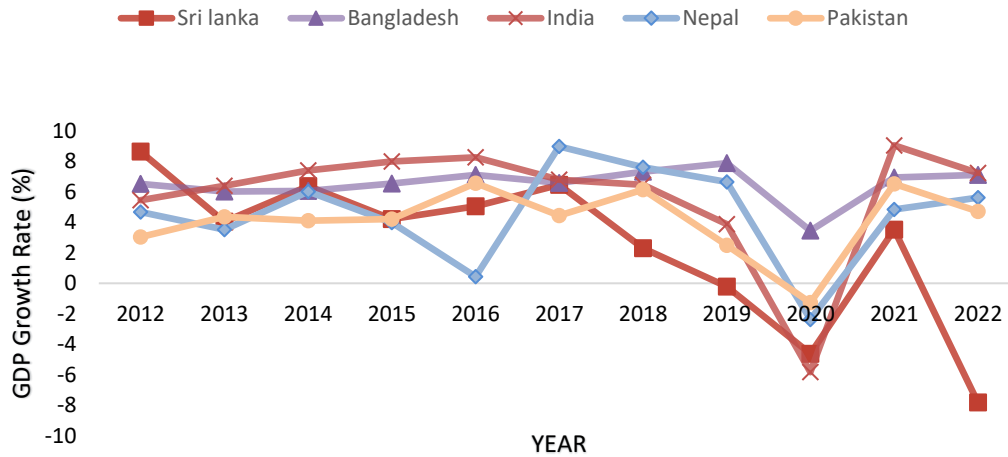


Figure 1: Annual GDP Growth Rates by Country (2012-2022)

The graph in figure 1 depicts the annual GDP growth rates of 5 South Asian countries from 2012 - 2022, highlighting the economic trajectories of these countries. Bangladesh consistently demonstrates strong and stable growth, with rates ranging from around 6% to 8%, peaking at approximately 8.2% in 2016 and 8.2% again in 2019. India follows a similar pattern, with growth rates between 5% and 8%, though it experienced a significant dip to -7.3% in the year 2020 on account of the COVID-19 pandemic, after there was a robust revival to 9.1% in 2021. Nepal's growth fluctuates between 4% and 7%, with a sharp decline to -2.4% in 2020, and a recovery to 4.2% in 2021. Pakistan shows an erratic growth pattern, with rates varying from 1.6% to 5.8%, and a noticeable drop to -0.9% in 2020, followed by a slight recovery to 5.7% in 2021. Sri Lanka, however, exhibits the most volatility, particularly after 2018, with growth falling from around 5% to -3.6% in 2020 and further in 2022 plummeting to -7.8%. The consequences of the COVID-19 pandemic are evident in sharp declines across all countries in 2020, though the recovery in 2021 varies, with Bangladesh and India showing the most significant rebounds. By 2022, Bangladesh and India continue to grow positively, while Sri Lanka faces a severe economic contraction, reflecting divergent economic outcomes within the region.

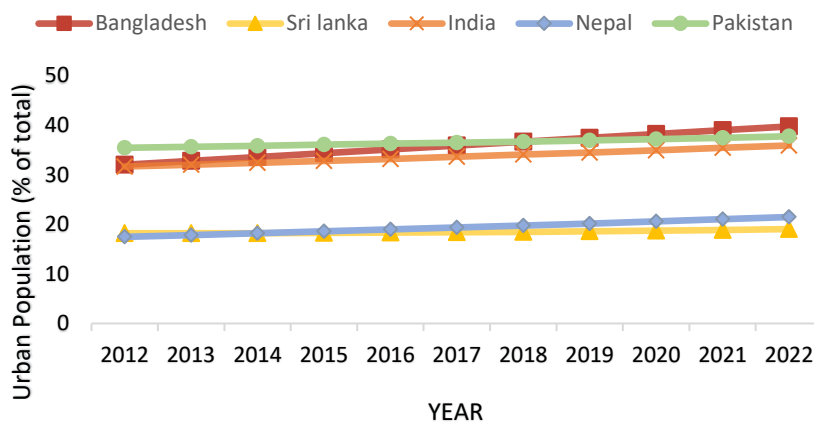


Figure 2: Urbanization by country (2012-2022)

The graph in figure 2 depicts the urbanization trends in Bangladesh, Sri Lanka, India, Nepal, and Pakistan from 2012 to 2022. Pakistan consistently leads in urbanization, with its urban population increasing from around 36% in 2012 to approximately 39% by 2022. Bangladesh shows a significant rise in urbanization, growing from about 29% to nearly 38% over the same period. India also experiences steady urban growth, with its urban population rising from around 31% to 35%. In contrast, Nepal and Sri Lanka display lower levels of

urbanization, with Nepal’s rate increasing gradually from about 17% to 20%, while Sri Lanka’s urbanization remains relatively static, hovering around 18% throughout the decade. These trends reflect varying rates of urban growth across the region, with Pakistan and Bangladesh showing the most pronounced increases.

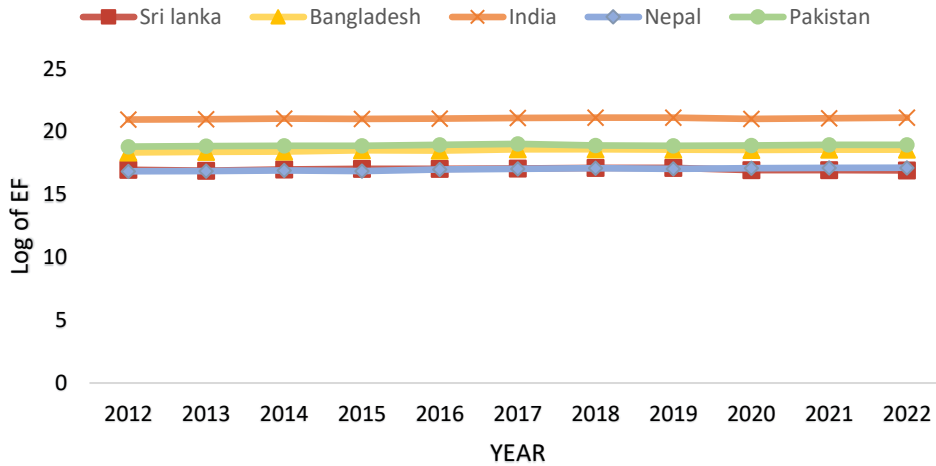


Figure 3: Ecological Footprint by Country (2012-2022)

The graph in figure 3 shows the ecological footprint pattern expressed in logarithmic terms for selected South Asian countries from 2012 to 2022. India exhibits the highest ecological footprint with an index value of around 20 consistently over the period. Other countries (Bangladesh, Sri Lanka, Nepal, and Pakistan) have similar and lower Ecological Footprints; all logarithmically from 15 to 17. The data shows that ecological footprint of these countries is stable over a decade without any major variations, indicating that their environmental impact remained constant during this period.

The significance of this research is the fresh empirical evidence regarding nexus among ecological footprint, urbanization, and economic growth in South Asia. Given that economic growth and urbanization often result in environmental degradation, this research highlights the delicate balance needed to achieve these macroeconomic objectives while minimizing ecological harm. By employing the Panel 2SLS technique, this regional analysis fills a critical gap in existing literature, providing valuable insights for policymakers in the context of South Asia’s rapid urbanization and significant environmental challenges.

This study aims to investigate the simultaneous association among economic growth, urbanization, and ecological footprint in South Asian countries from 1994 to 2022. This empirical analysis focuses on bidirectional and feedback relationships.

The research is organized in seven sections. Following the introduction, Section 2 offers a comprehensive review of the theoretical and empirical literature on the subject matter, identifying key findings and research gaps. Section 3 discusses the theoretical and conceptual framework, illustrating the connections among ecological footprint, urbanization, and economic growth. Section 4 covers data, models, and methodology. Section 5 presents findings and discussions using comprehensive tables. The last section provides conclusions and policy suggestions.

2. Literature Review

2.1. Urbanization and Environmental Degradation

Urbanization is a significant driver of environmental pollution, particularly in low- and middle-income countries. Zhao et al. (2006) pointed out that urbanization contributes to

environmental problems on a global scale. In low- and middle-income countries, rapid urban population growth presents a major challenge, as it requires significant infrastructure investments and puts a strain on available resources (Henderson, 2010). Urbanization, while driving economic growth and industrialization, has varying impacts based on the quality of infrastructure and institutions in the area (Turok & McGranahan, 2013). It generally exacerbates environmental pollution, particularly in secondary industries, although the tertiary sector may help to mitigate these effects (Hao et al., 2020; Liang & Yang, 2019). In Pakistan, Khan, Teng, Khan, and Khan (2019) observed that urbanization has contrasting effects on CO₂ emissions. Conversely, Hao et al. (2020) demonstrated that urbanization consistently increases pollution in China. Abbasi, Parveen, Khan, and Kamal (2020) identified energy consumption and urbanization as drivers of CO₂ emissions in Asia. Khan and Majeed (2023) identified urbanization and industrialization as key contributors to environmental degradation in Pakistan. Voumik, Mimi, and Raihan (2023) found that urbanization increases CO₂ emissions in the region.

2.2. Economic Growth and Environmental Degradation

Economic growth typically demands increased production, thereby causing higher consumption of fossil fuels and a rise in carbon dioxide emissions (De Vita, Katircioglu, Altinay, Fethi, & Mercan, 2015; Lee & Brahmastreene, 2013). Shahbaz, Sbia, Hamdi, and Ozturk (2014) showed a direct relation between urbanization and CO₂ emissions in the UAE from 1975 to 2011. Salahuddin, Alam, Ozturk, and Sohag (2018) confirmed that economic growth, electricity consumption, and FDI were drivers of CO₂ emissions in Kuwait. In Pakistan, economic growth and industrialization have been found to indirectly harm environmental quality (Ali, Bakhsh, & Yasin, 2019). In South Asia, economic growth frequently occurs at the cost of environmental degradation (Zakaria & Bibi, 2019). Anwar, Younis, and Ullah (2020) found that economic growth and financial development are associated with high CO₂ emissions. Khan, Saleem, Shabbir, and Huobao (2022) found a causal relationship between GDP growth and carbon emissions in South Asia.

2.3. The Role of Ecological Footprint in Measuring Environmental Degradation

CO₂ emission is a commonly used indicator of environmental degradation. It may not fully capture the extent of environmental impact, as it excludes solid waste and depletion of resources, etc. Many studies have used CO₂, SO₂, and NO_x emissions as indicators of pollution (Ali et al., 2019; Anwar et al., 2020; Hao et al., 2020). Keho (2023) suggests that the ecological footprint offers a broader perspective on environmental degradation, as it deals with various dimensions of resource consumption and waste generation. Xiang and Chen (2019) projected a rise in the global per capita ecological footprint under business-as-usual scenarios. Xue, Haseeb, Mahmood, Alkhateeb, and Murshed (2021) confirmed that renewable energy reduces ecological footprints in the region. Zhou, Abbasi, Salem, Almulhim, and Alvarado (2022) reported that urbanization was linked to reduced ecological footprints in Pakistan. Keho (2023) identified a sustained relationship in Côte d'Ivoire between urbanization, income, and ecological footprint.

2.4. Relationships among Urbanization, Economic Growth, and Environmental Degradation

Urbanization and economic growth are crucial for development, yet they often bring about significant environmental pollution challenges. The study by Tao, Zheng, and Lianjun (2008) analyzing data from 29 Chinese provinces between 1985 and 2005 identified an inverse U-shaped relationship between GDPs per capita and pollutants such as waste gas, water waste, and solid waste. Similarly, Fodha and Zaghdoud (2010) examined Tunisia's data from 1961 to

2004 and found a non-linear association between GDP and SO₂ discharge, forming an inverted U-shaped curve, while CO₂ emissions continued to rise with GDP. (Jiang, Lin, & Zhuang, 2011) confirmed this Environmental Kuznets Curve (EKC) for Chinese provinces, where pollution declined after GDP per capita reached specific thresholds, with higher thresholds observed in more developed coastal regions. Liang and Yang (2019) identified an inverted U-shaped relationship between urbanization, economic growth, and environmental pollution in China. Ahmed, Asghar, Malik, and Nawaz (2020) suggested that urbanization and human capital could alleviate environmental degradation in China. Anwar et al. (2020) found that urbanization significantly impacts CO₂ emissions in Far East Asian countries. Sharma, Sinha, and Kautish (2021) linked economic activities to ecological footprints in developing Asian nations. Mughal et al. (2022) connected technological innovation to increased environmental degradation in South Asia.

Numerous studies have examined the individual factors of ecological footprint, urbanization, and economic growth across different regions using various econometric methodologies. While CO₂ emission is a common measure of environmental degradation, that may not fully capture its extent, leading some researchers to adopt ecological footprint as an alternative metric. In South Asia, there has been relatively limited research utilizing the ecological footprint. Moreover, a comprehensive framework analyzing the bidirectional relationship among ecological footprint, urbanization, and economic growth in South Asia is notably lacking. This research seeks to fill that gap by exploring these interconnections using three structural equations, thereby contributing to the existing literature.

3. Theoretical and Conceptual Framework

The theoretical foundation of this research is based on renowned economic theories that interpret the interconnected relationship among environmental degradation, urbanization and economic growth, providing rationale for the conceptual framework. First theory that posit relationship between economic growth and environmental degradation is Environmental Kuznets Curve (EKC) Hypothesis. According to EKC hypothesis, as economy grows, the environmental degradation increases but to certain limit, and economic growth leads to technological advancement, shift towards cleaner industries, thus decreasing the ecological harm. This theory underpins the bidirectional relationship between economic growth and ecological footprint.

Urbanization is closely linked with economic growth and environmental impact. Modernization theory provide foundation to the relation between urbanization and economic growth. According to this theory, a nations ability to transition between rural and urban areas is solely determined by their economic development. It is major cause of increased industrial activities and infrastructure development, which can boost ecological footprint, increasing dependence upon natural resources.

Solow Growth model propose that economic growth rate is increased by the accumulation of labor force and capital. Urban areas are the hub of physical capital, human capital in the form of labor and intellectual capital. So, urbanization is driver of the economic growth within this model. However, the unchecked use of resources for the capital formation in urban areas, drive significant environmental implications through increased ecological footprint.

The theoretical framework provides solid foundation for the conceptual framework. The conceptual framework in figure 4 present a visual map of the core dependent variables, their interdependence, and various key determinants. It indicates bidirectional association between economic growth and ecological footprint as per literature on the subject matter. Similarly, there is a bidirectional causal relation between urbanization and ecological footprint and same is reported in case of urbanization and economic growth.

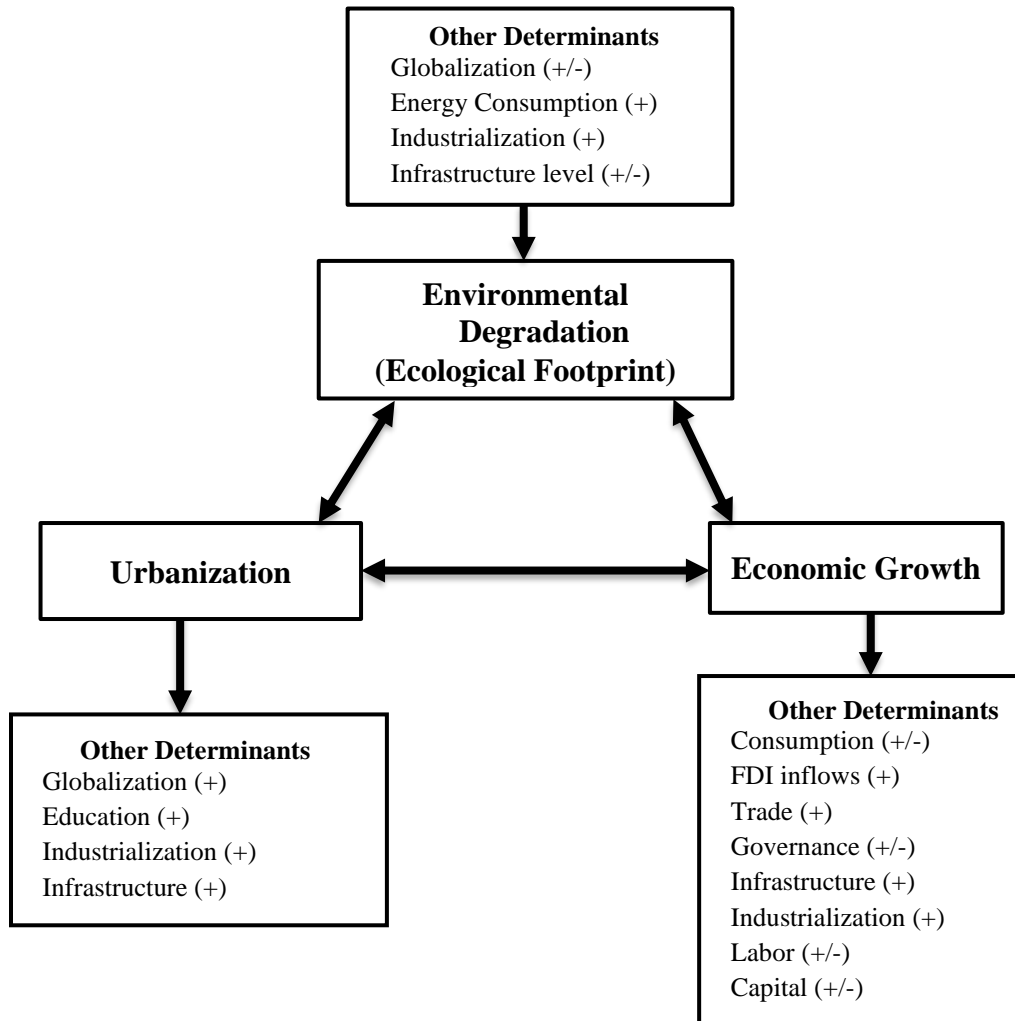


Figure 4: Ecological Footprint, Urbanization and Economic Growth Interlinkages

The figure 4 illustrates the relation of ecological footprint with its key determinants drive from the literature. Industry, infrastructure, and energy use positively effects the ecological footprint, but globalization can promote or mitigate it (Alam, 2010). Naeem, Appiah, Karim, and Yarovaya (2023); Primbetova, Sharipov, Allayarov, and Haq (2022); Shahzadi, Yaseen, and Anwar (2019) and Eweade, Akadiri, Olusoga, and Bamidele (2024) found that economic growth, urban population, international trade, infrastructure, and energy use contributes to ecological footprint. Infrastructure can mitigate the ecological footprint, having a constructive effect on the environment Munaf and Amar (2024), but Awad, Mallek, Ozturk, and Abdalla (2023) claimed that infrastructure development might have adverse effects on environmental quality.

Urbanization through modernization cause low economic growth in developing countries in contrast to developed countries (Shabu, 2010). Economic growth is closely related to infrastructure (Sharif & Tauqir, 2021). These industries have undergone a major transformation from rural industries to trade and services, which have become the key driver of economic growth. Increasing industrialization poses a threat to environmental quality. Per capita expenditure contributes positively to economic growth (Liang & Yang, 2019). Corruption reduces the confidence of entrepreneurs and the balance between resources and income, thus more or less hindering economic growth (d’Agostino, Dunne, & Pieroni, 2016). Labor shows

varying effect on the economic growth. Labor force participation negatively affects economic growth in South Asia, whereas it has a positive effect in West Asia (Amna Intisar, Yaseen, Kousar, Usman, & Makhdum, 2020). Haque, Kibria, Selim, and Smrity (2019) found that both labor and capital have a detrimental impact on economic development. Wahyudi (2024) assessed the effectiveness of employment in the construction sector. Research by Wiranatakusuma and Zakaria (2024) and Hashim, Shahlan, and Rambeli (2024) indicated that capital formation and trade positively influence economic growth. Foreign direct investment boosts GDP per capita (Amna Intisar et al., 2020). Azam, Uddin, Khan, and Tariq (2022) showed that industrialization and globalization drive urbanization. According to Choy and Li (2017), higher education accelerates growth. Hence, all the factors considered contribute positively to urban development.

4. Data, Simultaneous Model and Methodology

4.1. Data

This study empirically evaluates the simultaneous association among ecological footprint, urbanization and economic growth across five South Asian countries from 1994-2022 (annually). The countries included in the analysis are Bangladesh, India, Nepal, Pakistan and Sri Lanka. The period from 1994 to 2022 is selected due to availability of consistent data across variables of interest. It provides a sufficient span of nearly three decades for long term analysis.

Table 1
Description of Variables

	Variables	Symbols	Proxies	Units	Sources
Dependent Variables	Environmental Degradation	Inef _{it}	Ecological Footprint	Gha (log value)	GFN
	Urbanization	URB _{it}	Urban population as % of total population	Percentage	WDI
	Economic Growth	GDP _{it}	Real GDP (Constant 2015) growth	Percentage	WDI
	Industrialization	INDM _{it}	Manufacturing, value added Index constructed using	(% of GDP)	WDI
	Infrastructure level	INFRA _{it}	PCA based on four dimensions.	(-1.5 to 2.5)	WDI
	Energy Consumption	ENG _{it}	Energy use	(Metric tons per capita)	WDI
	Globalization Index	Inglob _{it}	Dreher's globalization	Scale of 100	Dreher's Dataset
Explanatory Variables	Education	EDU _{it}	Secondary school enrollment	(% gross)	WDI
	FDI inflows	FDI _{it}	Foreign direct investment, net inflows	(% of GDP)	WDI
	Trade	TRD _{it}	Sum of imports and exports	(% of GDP)	WDI
	Labor	LAB _{it}	Labor Force Participation rate	Percentage	WDI
	Capital	CAP _{it}	Gross Fixed capital formation	(% of GDP)	WDI
	Consumption	CONSU _{it}	Sum of private and government consumption	(% of GDP)	WDI
	Governance Index	GOV _{it}	Index constructed using PCA based on six dimensions	(-2.6 to 2.2)	WGI

Note: A scale of 10 has been added to all index values to account for negative values when taking logs. Dreher's globalization index includes political, economic, and social globalization.

The infrastructure index is based on access to electricity, total natural resource rents, high-technology exports, and mobile cellular subscriptions.

The governance index is constructed using the six dimensions from the WGI: control of corruption, government effectiveness, regulatory quality, rule of law, political stability, and absence of violence/terrorism, and voice and accountability. Both the infrastructure and governance indices are constructed using the PCA technique.

The table 1 provides comprehensive description of all variables in the three structural equations, including their symbols, proxies, units and data sources. The table includes dependent variables such as environmental degradation measured by the ecological footprint in log form, urbanization measured as the urban population as a percentage of the total population and economic growth measured by real GDP growth, constant 2015. Explanatory variables include industrialization, infrastructure level, and energy consumption, labor, capital, consumption among others. Notably, both the infrastructure and governance indices were constructed using the PCA technique.

4.2. Simultaneous Model

To the study the simultaneous interaction among ecological footprint, urbanization and economic growth, three structural equations have been formulated. In this study, environmental degradation, urbanization, and economic growth are dependent variables. The three structural equations are:

$$\ln ef_{1it} = \alpha_1 + \alpha_2 URB_{it} + \alpha_3 GDP_{it} + \beta_1 INDM_{it} + \beta_2 INFRA_{it} + \beta_3 ENG_{it} + \beta_4 \ln glob_{it} + \varepsilon_{1it} \quad (1)$$

$$URB_{2it} = \alpha_2 + \alpha_1 \ln ef_{it} + \alpha_3 GDP_{it} + \beta_1 INDM_{it} + \beta_2 INFRA_{it} + \beta_4 \ln glob_{it} + \beta_5 EDU_{it} + \varepsilon_{2it} \quad (2)$$

$$GDP_{3it} = \alpha_3 + \alpha_1 \ln ef_{it} + \alpha_2 URB_{it} + \beta_1 INDM_{it} + \beta_2 INFRA_{it} + \beta_6 FDI_{it} + \beta_7 TRD_{it} + \beta_8 LAB_{it} + \beta_9 CAP_{it} + \beta_{10} CONSU_{it} + \beta_{11} GOV_{it} + \varepsilon_{3it} \quad (3)$$

In the above equations, α_1, α_2 and α_3 are intercepts of the equation of ecological footprint, urbanization, and economic growth respectively. ε_{it} represents the error term, α 's are the coefficients of endogenous variables. β 's are coefficients of independent variables. It shows the natural log. The subscript it indicates that the variable varies across cross-sectional units i and periods t . This study includes five cross-sectional units over 28 years.

The first structural equation focuses on the ecological footprint, using it as a surrogate for environmental degradation, reflecting resource consumption and waste production. Industrialization, infrastructure, energy consumption, and globalization have mixed effects, as per the literature. Urbanization is expressed as the urban population percentage. Macroeconomic factors like industrialization, infrastructure, globalization, and education positively impact urbanization. Real GDP growth, is influenced by industrialization, infrastructure, FDI, trade, labor, capital, consumption, and governance. Labor and capital show mixed effects on economic growth while all other variables contribute positively. The infrastructure index and Governance index are constructed using the PCA technique.

4.3. Econometric Methodology

This research employs several pre-estimation tests to ensure data and model reliability. Initially, the Pesaran cross-section dependence test is applied to determine whether the observations within the dataset exhibit dependency, which in turn guides the choice between first-generation and second-generation unit root tests. The Im, Pesaran, and Shin test, along with the Fisher-Augmented Dickey-Fuller test, are used to check the stationarity of the variables. Correlation analysis examines relationships between endogenous variables and their determinants, while the VIF addresses multicollinearity. Hausman specification test detects

simultaneity, which is further validated through the Wald restriction test, ensuring the robustness of the model against simultaneity bias, and identification tests confirm unique parameter estimation. In this study, a three-equation simultaneous model is employed to capture the interdependencies among the variables. The Ordinary Least Squares (OLS) method is unsuitable due to the presence of simultaneity, where explanatory variables are endogenous and correlated with the error term. This leads to biased and inconsistent estimates. To address this, the Panel Two-Stage Least Squares (2SLS) method is used, which provides consistent estimates by using instrumental variables to account for endogeneity (Liang & Yang, 2019). The weak identification test validates the strength of the instruments using the Cragg-Donald Wald F statistic against Stock-Yogo critical values. In constructing the indices for governance and infrastructure, the Principal Component Analysis (PCA) technique is employed. This method reduces the dimensionality of the data while preserving most of its variability. By converting the original variables into a new set of uncorrelated variables called principal components, PCA simplifies the complexity of high-dimensional data, ensuring that the indices accurately reflect the underlying dimensions of governance and infrastructure within the selected South Asian countries.

5. Results and Discussion

This section presents and thoroughly discusses the empirical results of the simultaneous equation model involving Ecological Footprint, Urbanization, and Economic Growth. The results reported include descriptive statistics, unit root test, correlation test, test of simultaneity, 2SLS estimation, and diagnostic tests.

Table 2
Descriptive Statistics for Key Variables

Variables	Observations	Mean	Std. dev	Min	Max
Inef _{it}	145	18.277	1.477	16.377	21.116
URB _{it}	145	25.817	7.985	10.433	39.711
GDP _{it}	145	4.952	2.666	-7.823	9.050
INDM _{it}	145	13.731	4.229	4.474	21.764
INFRA _{it}	145	5	1.000	4.0156	7.153
ENG _{it}	145	395.133	131.820	126.404	695.759
Inglob _{it}	145	3.871	.191	3.383	4.223
EDU _{it}	145	58.052	23.933	13.853	96.296
FDI _{it}	145	0.910	.689	-.098	3.620
TRD _{it}	145	42.887	15.555	20.078	88.636
LAB _{it}	145	54.345	23.276	-26.69	93
CAP _{it}	145	23.907	5.988	12.824	35.812
CONSU _{it}	145	81.623	8.206	65.622	96.357
GOV _{it}	145	4.996	.980	2.322	7.246

Note: Author’s own estimates using STATA 17.0

Table 2 presents the descriptive statistics for the variables examined. The mean of ecological footprint is 18.277 gha with a standard deviation of 1.477 gha, reflecting a relatively high and consistent environmental impact across the dataset. Urbanization has a mean of 25.817% and a standard deviation of 7.985%, reflecting substantial variability in urbanization levels among regions. The mean of economic growth is 4.952% with a standard deviation of 2.666%, suggesting moderate average growth with considerable variation across observations. These statistics underscore the significant disparities in ecological footprint, urbanization, and economic growth across South Asia.

Table 3 reveals correlation results across three equations. In the environmental degradation equation, the ecological footprint has a strong positive correlation with GDP (0.2310) and urbanization (0.7484), and a moderate positive correlation with industrialization (0.3), energy consumption (0.3), and globalization (0.4488). Infrastructure has a weak

negative correlation (-0.0101). None of the correlations exceed 0.8, indicating no severe multicollinearity. In the urbanization equation, urbanization is strongly correlated with economic growth (0.121) and ecological footprint (0.7484), and moderately with globalization (0.4683). Education negatively correlates with urbanization (-0.3988). In the economic growth equation, GDP has strong correlations with ecological footprint (0.2310) and urbanization (0.1218), and positive correlations with FDI (0.0977), trade (0.048), labor (0.0402), and capital (0.2746). Consumption shows a strong correlation with GDP (0.2145). There is a nonlinear relationship with governance (0.0706). Infrastructure and globalization positively correlate (0.5701), while trade and labor force negatively correlate (-0.5740). Despite some significant correlations, multicollinearity is not a severe issue, as confirmed by Variance Inflation Factor (VIF) values, all of which are below 10. The authors can provide the results upon request.

Table 3A
Correlation Results Across Three Equations

Variables	Equation 1: Environmental Degradation						
	Inef	URB	GDP	INDM	INFRA	ENG	Inglob
Inef _{it}	1.000						
URB _{it}	0.748	1.000					
GDP _{it}	0.231	0.121	1.000				
INDM _{it}	0.341	0.346	0.184	1.000			
INFRA _{it}	-0.010	0.153	-0.145	0.045	1.0000		
ENG _{it}	0.3679	0.1189	-0.097	0.009	0.4175	1.0000	
Inglob _{it}	0.4488	0.4683	0.060	0.457	0.5701	0.6888	1.0000

Table 3B
Equation 2: Urbanization

	URB	Inef	GDP	INDM	INFRA	Inglob	UPG	EDU
URB _{it}	1.0000							
Inef _{it}	0.7484	1.000						
GDP _{it}	0.121	0.231	1.000					
INDM _{it}	0.3463	0.3410	0.184	1.0000				
INFRA _{it}	0.1535	-0.010	-0.145	0.0453	1.0000			
Inglob _{it}	0.4683	0.4488	0.060	0.4579	0.5701	1.0000		
EDU _{it}	-0.398	-0.2594	0.017	0.2853	0.5216	0.4621	-0.621	1.000

Table 3C
Equation 3: Economic Growth

	GDP	Inef	URB	INDM	INFRA	FDI	TRD	LAB	CAP	CONSU	GOV
GDP _{it}	1.000										
Inef _{it}	0.231	1.000									
URB _{it}	0.121	0.748	1.000								
INDM _{it}	0.184	0.341	0.346	1.000							
INFRA _{it}	-0.14	-0.01	0.153	0.045	1.000						
FDI _{it}	0.097	0.427	0.315	0.414	0.121	1.000					
TRD _{it}	0.048	-0.44	-0.57	0.057	-0.012	0.255	1.000				
LAB _{it}	0.040	-0.38	-0.63	-0.32	0.095	-0.37	0.310	1.000			
CAP _{it}	0.274	0.229	-0.08	0.274	0.371	0.267	0.258	0.415	1.000		
CONSU _{it}	0.214	-0.54	-0.20	-0.63	-0.137	-0.42	-0.04	0.022	-0.725	1.000	
GOV _{it}	0.070	0.032	0.158	0.011	0.107	0.150	0.254	-0.10	0.1929	-0.0703	1.000

Note: Author's own estimates using STATA 17.0. Correlations greater than 0.8 would indicate severe multicollinearity, but none of the correlations in this table reach that threshold. VIF values are all below 10, indicating that multicollinearity is not a significant issue.

From the results in table 4, Unit root tests ensure that variables are stationary. The Pesaran CD test assesses cross-sectional dependency, guiding the choice between first- and second-generation unit root tests. Im, Pesaran, and Shin tests and the Fisher-Augmented Dickey-Fuller tests are applied to industrialization, trade, governance index, and capital, while

second-generation tests, including Pesaran's Cross-sectional Dependence and Augmented Dickey-Fuller tests, are used for other variables. The maximum number of lags is taken as one. Schwarz information criterion and Hannan-Quinn information criterion are considered for lag length. The unit root tests' results from table 4 indicate that all the variables are either stationary at level I(0) or at the first difference I(1) validating the application of the panel 2SLS technique in the presence of simultaneity.

Table 4
Panel Unit Root Test Results

Variables	CD (p)	CD	First-Generation Test				Second-Generation Test			
			IPS		FADF		CIPS		CADF	
			I (0)	I (1)	I (0)	I (1)	I (0)	I (1)	I (0)	I (1)
Inef _{it}	0.000	D					-2.51**		-0.44	-5.252*
URB _{it}	0.000	D					-3.265*		-4.33*	
GDP _{it}	0.000	D					-3.134*		-1.40	-7.460*
INDM _{it}	0.061	I	0.275	-3.75*	1.081	-5.68*				
INFRA _{it}	0.000	D					-2.295	-3.32*	-4.06*	
ENG _{it}	0.000	D					-2.49**		-2.58*	
Inglob _{it}	0.000	D					-1.976	-4.20*	-1.89*	
EDU _{it}	0.000	D					-2.822*		-1.95*	
FDI _{it}	0.035	D					-2.960*		-2.24*	
TRD _{it}	0.531	I	0.148	-4.809*	-0.408	-6.56*				
LAB _{it}	0.001	D					-1.404	-5.49*	1.259	-6.268*
CAP _{it}	0.190	I	-1.276	-3.078*	-0.873	-4.92*				
CONSU _{it}	0.013	D					-1.519	-5.31*	1.237	-4.404*
GOV _{it}	0.708	I	1.207	-7.805*	1.241	-7.08*				

Note: Author's own estimations using STATA 17.0 and D and I shows dependent and independent, respectively. *, **, *** show significance level at 1%, 5% and 10% respectively. CD (p) denotes the probability value of the cross-sectional dependency test.

Table 5
Simultaneity Test Results

Test Statistics	Value	df	P value
Wu-Hausman F-statistic	27.56824	(2, 136)	0.0000
Durbin Chi-square	55.13649	2	0.0000

Note: Author's own estimates using EViews

The Hausman simultaneity test and Wald restriction test is utilized to assess simultaneity and the significance of residuals. As shown in Table 5, the Wu-Hausman F-statistics and Durbin chi-square p-values are below 0.05, indicating significant simultaneity in the model.

Table 6 demonstrates the simultaneous model, estimated using panel two-stage least squares, which includes three equations with reported coefficients, p-values, F values, R-squared, and adjusted R-squared. Results reveal a significant positive one-way relationship between urbanization and the ecological footprint consistent with Ahmed et al. (2020) while the reverse is not significant. Economic growth and the ecological footprint exhibit an asymmetric positive relationship aligns with Uddin, Salahuddin, Alam, and Gow (2017) and Ahmed, Wang, Mahmood, Hafeez, and Ali (2019) and urbanization positively affects economic growth, but not vice versa. In the environmental degradation and urbanization equation, four out of six determinants are significant and six out of ten variables in the equation of economic growth have significant coefficients.

In the environmental degradation equation, the positive significant coefficient of urbanization (0.1448, p = 0.000) at α equal to 5% suggests that higher levels of urbanization are linked to an increased ecological footprint, consistent with (Voumik et al., 2023). However, Rafiq, Rafiq, Salim, and Nielsen (2016), supported by Zhou et al. (2022) for Pakistan, found

urbanization's impact on emissions to be insignificant. The results differ from those reported by Danish et al. (2020), who suggested that urbanization in South Asia could improve the environment through enhanced technology and infrastructure. The significant positive coefficient for economic growth (0.4287, $p = 0.000$) indicates that as GDP rises, the ecological footprint also increases, highlighting the environmental costs of economic expansion, aligns with Quito, del Río-Rama, Álvarez-García, and Durán-Sánchez (2023) and Mughal et al. (2022), who report same conclusion for South Asia. Industrialization shows a significant positive effect (0.0614, $p = 0.052$) on the ecological footprint, suggesting that advancements in industrial processes or regulations increase environmental deterioration, which aligns with the findings of (Yang & Usman, 2021). Infrastructure development also has an insignificant positive impact (0.0390, $p = 0.794$) on the ecological footprint, in contrast to (Hussain, Ye, Ye, & Wang, 2021; Hussain, Pal, & Villanthenkodath, 2023). Energy consumption, with a small but significant positive coefficient (0.0081, $p = 0.000$), indicates that increased energy use marginally increases the ecological footprint, leading to exploitation of natural resources at a higher rate, supports the conclusion of Nathaniel (2021); Rehman et al. (2021) and contrast with (Sharma et al., 2021). Lastly, globalization shows a significant negative effect (-4.3211, $p = 0.001$) on the ecological footprint, suggesting that global integration may lead to more environmentally friendly practices or technologies being adopted, in contrast with the findings of (Rehman et al., 2021; Yang & Usman, 2021). The constant term is also significant, indicating a substantial baseline level of the ecological footprint when all other factors are controlled for.

The regression results for urbanization reveal several key relationships. The ecological footprint has a statistically insignificant positive relationship (0.5050, $p = 0.164$) with urbanization, in contrast with the findings of (Liang & Yang, 2019). GDP shows a positive association with urbanization (0.4700, $p = 0.072$), but at 7% significance level. Industrialization has a significant positive relation (0.583, $p = 0.000$), implying that higher levels of industrialization are linked with increased urbanization, aligning with the results of (Wong, Lee, Zhao, & Tai, 2022). Infrastructure shows a significant positive relation with urbanization (3.0646, $p = 0.000$), indicating a strong link between infrastructure development and urban growth. The better infrastructure attracts the population towards the urban cities for better facilities and opportunities. The globalization index has a substantial positive effect on urbanization (18.150, $p = 0.000$), highlighting the role of globalization in driving urban growth, findings align with those of (Narayana, 2010). Education has a significant negative relationship with urbanization, (-0.2658, $p = 0.000$), indicating that secondary education attainment lowers urbanization rates but Wan and Min (2023) claimed that investment in education promotes urbanization. The constant term is significantly negative (-63.737, $p = 0.000$), reflecting underlying factors not captured by the model.

In the equation of economic growth, estimation results show the following key findings. There exists an insignificant positive relation in ecological footprint and economic growth (0.4108, $p = 0.328$) at selected $\alpha = 5\%$. This implies that, within the scope of this analysis, economic growth can occur independently of the ecological footprint's size, conforms to the results of (Rahman, Bindu, & Islam, 2018; Uddin, Alam, & Gow, 2016). Urbanization has a significant positive impact on economic growth (0.2139, $p = 0.028$) consistent with results of (Nguyen & Nguyen, 2018). The urban cities are the hub of economic activities, industries, job opportunities, and business infrastructure. Industrialization shows an insignificant positive effect (0.0658, $p = 0.431$) on economic growth, aligns with the work of (Ndiaya & Lv, 2018). Infrastructure development also has a negative significant coefficient (-1.3502, $p = 0.000$), indicating that investments in infrastructure can reduce economic activities, in contrast with the findings of Palei (2015) and (Pradhan & Bagchi, 2013). Foreign direct investment (-0.7048, $p = 0.125$) has an insignificant negative effect on economic growth. Trade (0.069, $p = 0.009$) positively and significantly affects economic growth. Labor has an insignificant positive (0.0122, $p = 0.444$) coefficient for economic growth. Capital has a significant positive coefficient (0.2940, $p = 0.000$) for economic growth, the higher the investment in physical capital higher the economic growth aligned with the results of (Akpolat, 2014). The coefficient

for consumption is positive and significant (0.1563, $p = 0.014$) suggesting that an increase in consumption increases economic growth. Conversely, governance shows a negative and insignificant effect (-0.4330, $p = 0.104$) on economic growth, in contrast with the results of (Huang & Ho, 2017).

Table 6
Panel 2SLS Results

Variable	Simultaneous Equation Model		
	Equation 1 Inef	Equation 2 URB	Equation 3 GDP
Inef _{it}		0.505 (0.164)	0.410 (0.328)
URB _{it}	0.144* (0.000)		0.213* (0.023)
GDP _{it}	0.428* (0.000)	0.470 (0.070)	
INDM _{it}	0.061 (0.052)	0.583* (0.000)	0.065 (0.431)
INFRA _{it}	0.039 (0.794)	3.064* (0.000)	-1.350* (0.000)
ENG _{it}	0.008* (0.000)		
Inglob _{it}	-4.321* (0.001)	18.150* (0.000)	
FDI _{it}			-0.704 (0.125)
TRD _{it}			0.069* (0.009)
EDU _{it}		-0.2658* (0.000)	
LAB _{it}			0.012 (0.444)
CAP _{it}			0.294* (0.000)
CONSU _{it}			0.156* (0.017)
GOV _{it}			-0.433 (0.104)
Constant	24.903* (0.000)	-63.737* (0.000)	-22.923* (0.000)
Summary Statistics			
R ²	0.390	0.831	0.265
Adj R ²	0.363	0.823	0.210
F Prob	0.000	0.000	0.000

Source: Author's own estimates using STATA 17.0

Note: * $p < .05$. The coefficient of the variable is given first, with the p-value enclosed in parentheses.

Table 7
Weak Identification Test Results

	Inef	URB	GDP
Cragg-Donald Wald F statistics	14.417	14.470	67.414
Stock-Yogo weak ID test critical values			
10% maximal IV size	7.03	7.03	7.03
15% maximal IV size	4.58	4.58	4.58
20% maximal IV size	3.95	3.95	3.95
25% maximal IV size	3.63	3.63	3.63

Note: Author's own estimation using STATA 17.0

According to the results in Table 7, the Cragg-Donald Wald F statistic significantly exceeds the Skeels and Windmeijer (2018) critical values across all three structural equations. So, the instruments in the model are strong.

Table 8
Robustness Check

Equation 1: Environmental Degradation				
Variables	Model 1	Model 2	Model 3	Model 4
Inef _{it}	dv	dv	-	-
Incf _{it}	-	-	dv	dv
URB _{it}	0.144*	0.1804*	0.165*	0.202*
GDP _{it}	0.428*	-	0.435*	-
GDPC _{it}	-	0.4649*	-	0.477*
INDM _{it}	0.061**	0.056***	0.078**	0.073**
INFRA _{it}	0.039	-0.091	0.04	-0.088
ENG _{it}	0.008*	0.009*	0.008*	0.009*
Inglob _{it}	-4.321*	-5.722*	-3.435**	-4.902**
Constant	24.903*	30.224*	19.358	24.875*
Equation 2: Urbanization				
Variables	Model 1	Model 2	Model 3	Model 4
URB _{it}	dv	dv	dv	dv
Inef _{it}	0.505	0.676**	-	-
Incf _{it}	-	-	0.569***	0.704**
GDP _{it}	0.470***	-	0.448***	-
GDPC _{it}	-	0.1834	-	0.175
INDM _{it}	0.583*	0.596*	0.566*	0.578*
INFRA _{it}	3.064*	2.865*	3.032*	2.836*
Inglob _{it}	18.150*	17.843*	16.901*	16.521*
EDU _{it}	-0.2658*	-0.2632*	-0.2604*	-0.258*
Constant	-63.737*	-63.337*	-59.284*	-57.835*
Equation 3: Economic Growth				
Variables	Model 1	Model 2	Model 3	Model 4
GDP _{it}	dv	-	dv	-
GDPC _{it}	-	dv	-	dv
Inef _{it}	0.410	0.263	-	-
Incf _{it}	-	-	0.3606	0.327
URB _{it}	0.213*	0.200*	0.217**	0.1864**
INDM _{it}	0.065	0.080	0.057	0.084
INFRA _{it}	-1.350*	-0.976*	-1.413*	-1.001*
FDI _{it}	-0.704	-0.603	-0.720	-0.662
TRD _{it}	0.069*	0.077*	0.069*	0.078*
LAB _{it}	0.012	0.018	0.014	0.018
CAP _{it}	0.294*	0.297*	0.291*	0.296*
CONSU _{it}	0.156*	0.135**	0.155**	0.145**
GOV _{it}	-0.433	-0.558**	-0.423	-0.531**
Constant	-22.923*	-21.900	-21.32**	-23.28**

Note: Author's own estimation using STATA 17.0. "dv" define the dependent variable in the respective equation.

Model 1 includes GDP growth and Ecological Footprint (Primary model).

Model 2 includes GDP per capita growth and Ecological Footprint.

Model 3 includes GDP growth and Carbon Footprint.

Model 4 includes GDP per capita growth and Carbon Footprint.

5.1. Robustness Check

To ensure the robustness of our findings, we conducted additional estimations by substituting different proxies for the dependent variables. Specifically, we replaced the original measure of economic growth, GDP growth, with GDP per capita growth to capture a more refined perspective of economic performance. Additionally, the Ecological Footprint was

substituted with the Carbon Footprint to provide a more direct assessment of environmental impact through carbon emissions. These robustness checks were assessed across three key dimensions—magnitude, significance, and the sign of the coefficients. The consistency observed across these dimensions strengthens the reliability of our primary results, thereby confirming the validity of the relationships identified in our analysis. The data of GDP per capita growth is taken from WDI and Carbon Footprint is taken from Global Footprint Network.

The table 8 outlines the robustness check performed by substituting proxies for key variables across four models. The models are organized to show how changes in GDP measurement (from GDP growth to GDP per capita growth) and environmental degradation metrics (from Ecological Footprint to Carbon Footprint) impact the significance, magnitude, and signs of the coefficients for the variables across the three equations.

The robustness checks for Equation 1 reveal that the key variables urbanization, economic growth, industrialization, energy consumption, and globalization exhibit strong robustness. These variables consistently maintain the same sign, magnitude, and significance across all model specifications, indicating reliable relationships with environmental degradation. In contrast, the variable for infrastructure development shows weak robustness, with inconsistent signs and lack of statistical significance, suggesting its impact on environmental degradation is less stable and may vary depending on the model used.

The robustness checks for Equation 2 demonstrate that the variables urbanization, industrialization, infrastructure, globalization, and education are strongly robust. These variables consistently show the same sign, magnitude, and significance across all models, indicating a stable and reliable relationship with urbanization. The economic growth variables exhibit moderate robustness, with consistent signs but some variation in significance, reflecting a slightly less stable influence on urbanization. Both ecological footprint and carbon footprint are also moderately robust, maintaining consistent signs with some variation in significance, indicating that the choice between these proxies slightly affects the strength of their relationship with urbanization.

The robustness checks for Equation 3 indicate that the variables urbanization, infrastructure, trade openness, capital formation, and consumption are strongly robust, consistently showing the same sign, magnitude, and significance across all models. This highlights their reliable influence on economic growth. The variables for ecological footprint, carbon footprint, and labor demonstrate moderate robustness, maintaining consistent signs but with some variations in significance, suggesting a stable yet slightly variable relationship with economic growth. The variables for government expenditure and foreign direct investment show weak robustness, with inconsistent significance, indicating a less reliable impact on economic growth.

6. Conclusion and Policy Suggestions

This research analyzes the long-term relationships among the ecological footprint, urbanization, and economic growth in Bangladesh, India, Nepal, Pakistan, and Sri Lanka from 1994 to 2022 using annual panel data. By formulating a model based on an extensive literature review, we identified key variables and conducted identification tests and panel unit root tests to verify data robustness. The analysis, conducted through the panel 2SLS technique, reveals that economic growth significantly influences the ecological footprint, while the reverse effect is insignificant. Urbanization notably impacts the environment but has only a marginal effect on economic growth. Additionally, industrialization strongly drives urbanization and environmental degradation, whereas infrastructure enhances urbanization but negatively affects economic growth. Globalization fosters urbanization and reduces environmental impact, while education has a negative relationship with urbanization.

South Asian countries considering the rapidly increasing environmental crisis, pollution, and adverse climatic fluctuations should adopt some policies to make the region livable for the coming generations. The policy implications in the light of significant empirical findings underscore the necessity for a balanced strategy that promotes sustainable urbanization, safeguards the environment, and fosters economic growth. This requires coordinated efforts across various sectors, including education, infrastructure, industry, and governance to ensure sustainable development.

1. Implement measures to manage urban growth sustainably. This could include investing in efficient, low-emission public transportation systems to reduce reliance on private vehicles., increasing green spaces, and invest in smart city initiatives that use technology to optimize resource use, reduce energy consumption, and improve the quality of life for residents.
2. Promote sustainable economic development that balances growth with environmental protection. Enforce strict environmental regulations on industries that limit pollution and incentivize businesses to adopt cleaner technologies and provide tax incentives and subsidies for green technologies and sustainable practices in urban development.
3. Implement advanced waste management systems, including recycling and composting, to minimize the environmental impact of urban areas.

While this study offers valuable insights into the relationships among ecological footprint, urbanization, and economic growth in South Asia, certain limitations must be acknowledged. One significant limitation is the constraint of data availability, which restricted the analysis to only a subset of South Asian countries. Additionally, the lack of more than 30 years of data for the selected countries prevents a more comprehensive comparative analysis across countries. Secondly, this study employs a static model for the analysis. The static model provides a snapshot of relationships among variables, it may not fully capture temporal dynamics and evolving interactions. In terms of future research, dynamic models such as panel Vector Autoregression or dynamic panel data models could be employed which could provide more concrete inferences and deeper insights into causality and long-term effects. There is an opportunity to expand the scope by including additional South Asian countries and extending the study period if more data becomes available, allowing a more thorough comparative analysis within South Asia and with other regions globally. Future research can incorporate potential external shocks, to better understand how these shocks impact ecological footprint, economic growth and urbanization in the region.

Author's Contribution:

Qurat ul Ain: Qurat ul Ain conceptualized the study, developed the research framework, and was actively involved in data collection.

Asma Awan: contributed to the literature review and theoretical grounding of the research.

Furrukh Bashir: provided expertise in econometric modeling and assisted in refining the 2SLS analysis.

Conflict of interest/ Disclosures:

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